

Rocky Mountain Naturalists

Wildflower Checklist

commemorating our 10th anniversary (1986-1996)

The following is a field checklist prepared by members of the Rocky Mountain Naturalists for the common species of wildflowers and shrubs found around Kimberley and Cranbrook. The boundaries could be identified generally as Wasa Lake to the north, St. Mary's Lake to the west, Moyie Lake to the south, and Norbury Lakes to the east.

WILDFLOWERS

WHITE/GREEN

- ___ Three-spot mariposa lily (*Calochortus apiculatus*)
 - ___ Queen's cup (*Clintonia uniflora*)
 - ___ Fairybells (*Disporum hookeri*)
 - ___ False Solomon's-seal (*Smilacina racemosa*)
 - ___ Star-flowered Solomon's-seal (*Smilacina stellata*)
 - ___ Claspig twisted stalk (*Streptopus amplexifolius*)
 - ___ Trillium (*Trillium ovatum*)
 - ___ Meadow death-camus (*Zigadenus venenosus*)
 - ___ Mountain death-camus (*Zigadenus elegans*)
 - ___ White bog-orchid (*Platanthera dilatata*)
 - ___ Rattlesnake plaintain (*Goodyera oblongifolia*)
 - ___ Bastard toadflax (*Geocaulon lividum*)
 - ___ Curlydock (*Rumex crispus*)
 - ___ Springbeauty (*Claytonia lanceolata*)
 - ___ Field chickweed (*Cerastium arvense*)
 - ___ Night-flowering catchfly (*Silene noctiflora*)
 - ___ Bladder campion (*Silene vulgaris*)
 - ___ Baneberry (*Actaea rubra*)
 - ___ Cut-leaf anemone (*Anemone multifida*)
 - ___ White water-buttercup (*Ranunculus aquatilis*)
 - ___ Meadow rue (*Thalictrum occidentale*)
 - ___ Drummond's rockcress (*Arabis drummondii*)
 - ___ Watercress (*Nasturtium officinale*)
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Sulphur-flowered umbrellaplant (*Eriogonum umbellatum*)
Yellow waterlily (*Nuphra polysepalum*)
Sagebrush buttercup (*Ranunculus glaberrimus*)
Meadow buttercup (*Ranunculus acris*)
Loesel's tumble-mustard (*Sisymbrium loeselii*)
Columbia bladderpod (*Lesquerella douglasii*)
Field mustard (*Brassica campestris*)
Lance-leaved stoncrop (*Sedum lanceolatum*)
Round-leaved alumroot (*Heuchera cylindrica*)
Common silverweed (*Potentilla anserina*)
Graceful cinquefoil (*Potentilla gracilis*)
Diverse-leaved cinquefoil (*Potentilla diversifolia*)
Sticky cinquefoil (*Potentilla glandulosa*)
Large-leaved avens (*Gemm macrophylla*)
Sulphur hedsyarum (*Hedysarum sulphurescens*)
Field locoweed (*Oxytropis campestris*)
Yellow sweet-clover (*Melilotus officinalis*)
Black medick (*Medicago lupulina*)
Yellow wood violet (*Viola glabella*)
Round-leaved violet (*Viola orbiculata*)
Narrow-leaved parsley (*Lomatium triternatum*)
Puccoon (*Lithospermum ruderale*)
Dalmatian toadflax (*Linaria genisifolia*)
Yellow penstemon (*Penstemon confertus*)
Mullein (*Verbascum thapsus*)
Sulphur paintbrush (*Castilleja sulphurea*)
Bladderwort (*Utricularia vulgaris*)
Heart-leaved arnica (*Arnica cordifolia*)
Orange arnica (*Arnica fulgens*)
Pasture sage (*Artemisia frigida*)
Arrow-leaved balsamroot (*Balsamorhiza sagittata*)
Pineapple weed (*Matricaria discoidea*)
Curly-cup gumweed (*Grindelia squarrosa*)
Brown-eyed Susan (*Gaillardia aristata*)
Hairy golden aster (*Heterotheca villosa*)
Woolly groundsel (*Senecio canus*)
Black-tipped groundsel (*Senecio lugens*)
Arrow-leaved groundsel (*Senecio triangularis*)
Canada goldenrod (*Solidago canadensis*)
Spiked-liked goldenrod (*Solidago spathulata*)

Sow-thistle (*Sonchus arvensis*)
Oyster plant (*Tragopogon dubius*)
Slender hawksbeard (*Crepis atrabarba*)
Annual hawksbeard (*Crepis tectorum*)
Narrow-leaved hawkweed (*Hieracium umbellatum*)
Common dandelion (*Taraxacum officinale*)

PINK/RED

Water smartweed (*Polygonum amphibium*)
Nodding onion (*Allium cernuum*)
Fairyslippers (*Calypso bulbosa*)
Strawberry blite (*Chenopodium capitatum*)
Bitterroot (*Lewisia rediviva*)
Small-leaved montia (*Montia parviflora*)
Holboell's rockcress (*Arabis holboellii*)
Old man's whiskers (*Gemm triflorum*)
Red clover (*Trifolium pratense*)
Fireweed (*Epilobium angustifolium*)
Pink wintergreen (*Pyrola asarifolia*)
Shooting star (*Dodecatheon pulchellum*)
Spreading dogbane (*Apocynum androsaemifolium*)
Spreading phlox (*Phlox diffusa*)
Narrow-leaved collomia (*Collomia linearis*)
Hound's tongue (*Cynoglossum officinale*)
Common red paintbrush (*Castilleja miniata*)
Owl-clover (*Orthocarpus tenuifolius*)
Twinflower (*Linnaea borealis*)
Pink pussytoes (*Antennaria rosea*)

BLUE/PURPLE

Green-banded mariposa lily (*Calochortus macrocarpus*)
Blue-eyed grass (*Sisyrinchium idahoense*)
Wild crocus (*Anemone patens*)
Larkspur (*Delphinium nuttallianum*)
Marsh cinquefoil (*Potentilla palustris*)
Timber milkwetch (*Astragalus miser*)
Purple peavine (*Lathyrus nevadensis*)
American vetch (*Vicia americana*)

